

WEDNESDAY 9:00 – 15:45

PRE-CONFERENCE WORKSHOP

LOVE TO LEARN

**supporting sustainable action and long-term learning engagement in young people
with Dr Helen Street**

9:00 – SESSION ONE

Beyond Knowing

How do we shift our students from deciding to do something, to actually doing it?

What does current research tell us about how best to move someone from intention to positive behaviour?

How can we understand and support ongoing motivation and engagement in learning?

MORNING TEA — 10:30 – 11:00

11:00 – SESSION TWO

Motivational Factors, Goals and Needs

What is autonomous motivation and how does it relate to intrinsic motivation and to ongoing learning engagement?

If learning does not have to be fun to be engaging, and it is not about having enough information, what does a task need to be, to be motivating?

How can we meet student core needs as a means of supporting motivation and engagement?

HOT BUFFET LUNCH — 12:30 – 13:30

13:30 – SESSION THREE

The Power of Self- Belief and the Meaning of Success

How can we better understand and support self-efficacy and perceived behavioural control in all students?

What is the relevance of our temporal horizons and other powers of perception?

When is a goal not a goal, and how does goal setting support motivation and engagement?



Positive Schools 2023 Conference TIMETABLE

THURSDAY 8:45 – 15:30

MAIN STAGE

8:45: Opening Performance

9:00

Welcome to Positive Schools Main Day One

Rev Richard Pengelley, St Mary's Anglican School for Girls (WA)

Matthew Johnstone, Drawn from Experience (NSW & VIC)

9:10

Competency and Success: How Good is Good Enough

Dr Helen Street, Positive Schools Chair & University of Western Australia (All States)

9:45

Two-Minute Moves with Lizzie Williamson (NSW)

9:50

Brain Rules for Human Potential: the Science and Practice of Hormesis

Professor Grant Schofield, Auckland University of Technology (NSW)

or

Universal Prevention Programs for Adolescents Targeting Substance Use

Amy Leigh-Rowe (VIC) and Dr Lauren Gardner (WA)

The Matilda Centre for Research in Mental Health and Substance Use,

The University of Sydney

MORNING TEA – PLUS TRADE DISPLAYS – 10:30 – 11:00

MAIN STAGE

11:00

Mental Health Screening – A Conversation

A conversation between Professor Ron Rapee and Dr Helen Street about this new initiative and its potential impact

11:30

Designing the Culture You Desire: A Conversation with a 150-yr-old Futurist

Janis Coffey, North-Eastern Montessori School, Melbourne (All States)

11:55

Five Minutes with CBTted : Ted Bradshaw, CBTted, UK (Online)

12.30

Student Emotions in the Real World and Teachers' Too!

Dr Brenda Heyworth, Child and Family Psychiatrist (All States)

HOT BUFFET LUNCH – PLUS TRADE DISPLAYS – 13.00– 14.00

SPECIAL MIND FOOD SESSIONS (13:25 – 13:55)

CANTEEN AUSTRALIA : How schools can best support young people impacted by cancer in their family

With Shae Chester, National Community Educator for Canteen Australia (All States)

DOG-ASSISTED LEARNING - Education, Engagement & Ethics.

With Sarah MacDonald and dog!, Canine Companions (NSW only)



THURSDAY cont.

WORKSHOP STREAMS SESSION ONE – 14.00 - 14.55

CHOOSE ONE OF THE FOLLOWING:

- **Loss and Grief in Australian Schools - PART ONE**
(Renaë Pettit and Hannah Richards from Seasons for Life, The Mackillop Institute – *All States*)
 - **“Who is Responsible for Teacher Wellbeing?”** (Daniela Falecki – *All States*)
 - **The Cost of Excellence** (Richard Pengelley - *WA*)
 - **The Power Of The Image: The Art of Making Complex Ideas Simple**
(Matthew Johnstone – *NSW & VIC*)
- **Respectful Relationships for Enhanced Student Wellbeing. Beyond Outdated School Dances**
(Ben Russell - *NSW*)
 - **The Mindful School** (Mindful Meditation Australia – *ALL STATES*)
 - **Dog-Assisted Learning - Education, Engagement & Ethics**
(Canine Comprehension – *VIC & WA*)

WORKSHOP STREAMS SESSION TWO – 15.05- 16.00

CHOOSE ONE OF THE FOLLOWING:

- **Loss and Grief in Australian Schools - PART TWO**
(Renaë Pettit and Hannah Richards from Seasons for Life, The Mackillop Institute – *All States*)
 - **Supporting Staff Wellbeing with Trauma-Informed Practice** (Michael Hardie – *All States*)
 - **Thinking Traps** (Ben Scholl – *NSW*)
 - **The Power of Microbreaks: Boosting Student Learning and Teacher Wellbeing**
(Lizzie Williamson – *NSW*)
- **Intergenerational Connection – Bringing Community Back Together for Better Mental Health** (Samantha Heron – *NSW*)
- **Positives, Challenges and Practicalities of Developing and Implementing a Whole-School Wellbeing Model**
(Paul Graham – *VIC*)
 - **Community Health Nurse in Primary School Program**
(Elyse Jones – *VIC*)
 - **Do We Need a Psychologist?** (Jesse Diggins & Nathan Castle – *VIC & WA*)
 - **The Sound of Wellbeing - Supporting Classroom Wellbeing with the Power of Music**
(Nic Cullum – *WA*)
 - **Menstruation and Mental Health**
(Felicity Roux – *WA*)



Positive Schools 2023 Conference TIMETABLE

FRIDAY 8:45 – 15:45

MAIN STAGE

8:45

Opening Performance

9:00

Welcome to Positive Schools Master Class on Effective Communication

Charlie Scudamore, Former VP, Geelong Grammar School (*All States*)

9:10

How to Talk with Students

Dr Michael Carr-Gregg, Child and Adolescent Psychologist (*All States*)

9:50

'I'm Safe, I'm Here, I'm Listening:' A Practical Guide to Effective Classroom Communication

Justin Roberts (Mackillop Family Services – ReLATE) (*All States*)

MORNING TEA – PLUS TRADE DISPLAYS – 10:30 – 11:00

MAIN STAGE

11:00

Five Minutes with CBTted

Ted Bradshaw, CBTted, UK (Online)

11:05

The Art and Science of School Refusal

Jo Pengelley, Positive Schools Educator (*All States*)

11:45

Five Minutes with CBTted

Ted Bradshaw, CBTted, UK (Online)

11:50

The Power of Vulnerability

AJ Betts, Best Selling Author and Educator (*All States*)

HOT BUFFET LUNCH – PLUS TRADE DISPLAYS – 12:30 – 13:30



FRIDAY cont.

MAIN STAGE

13:30

Communication and Bullying in Relationships - "Power is to empower".

John Hendry, Educator and Education Consultant (*All States*)

14:15

From Passion to Practice: An interaction Session Exploring What Works to What Next

With Charlie Scudamore
and 'The Audience' (*All States*)

14:45

Five Minutes with CBTTed

Ted Bradshaw, CBTTed, UK (Online)

14:50

Luck Favours the Brave:

A lesson of risk, challenge and self-discovery from the Trails of Genghis Khan

Tim Cope, Adventurer and Inspirational Speaker (*All States*)

15:40

Final Thank-You and Closing Comments

Dr Helen Street, Positive Schools Chair & University of Western Australia (*All States*)

15:45

CLOSE

Final Presenter Book Signing

